

## Protein is an essential macronutrient for health and wellness, but it only benefits us if it can be fully digested!

Our bodies don't actually absorb protein, they absorb the amino acids building blocks that make up protein. But, our digestive tracts must be able to breakdown the protein before the amino acids can be released.

To make matters worse, undigested protein causes discomfort and distress from gas and bloating!

# Are you experiencing any of these common protein-deficiency symptoms?



- Unexplained Fatigue
- Muscle Weakness
- Loss of Muscle Mass
- Constant Hunger & Sugar Cravings
- Brittle Hair & Nails
- Hormonal Imbalances
- Impaired Immune Function

## Stress has a huge impact on our digestion!

Physical and mental stress activates our sympathetic nervous system (fight-or-flight response). Unfortunately, our lives are often filled with stress, so this system never really shuts off. When activated it:

- Stops or slows production of digestive enzymes and stomach acid
- Reduces movement of digestive muscles slowing or speeding food transit time
- Stops or slows mucosal secretion leaving the surface of the GI tract vulnerable to inflammation
- Diverts blood flow away from GI tract to fuel our limbs



## How Do We Get Enough Amino Acids If We Are Struggling To Digest Our Proteins?

Protein digestion requires specific enzymes, but not all enzyme groups are created equal. It's essential to have the right type and variety of enzymes included in a protein supplement.

#### **ProHydrolase**®

This scientifically-backed enzyme blend is designed to:

- Quickly break down protein
- Increase available amino acids in the blood
- Decrease C-reactive protein levels
- Decrease the large peptides associated with stomach discomfort cause by protein consumption.

## The Grass-Fed Difference

This grass-fed protein comes from Wisconsin family farms where cows are not treated with hormones or antibiotics. Grass-fed also means these cows are living on their natural diet, so their milk comes with a higher nutritional value including vitamins, minerals, and omega 3 fatty acids.

This Grass-Fed Whey Isolate provides 24 grams of highly bioavailable protein that is so pure, it's virtually lactose-free, carbohydratefree, fat-free, and cholesterol-free.



# Supplement Facts

Serving Size: 1 Scoop Servings Per Container - 30

	Amount Per Serving	% DV*
Calories	111	5%
Total Fat		<1%
Saturated Fat	<1 g	<1%
	<1 g	<2% 5%
Cholesterol	14 mg	- / -
Total Carbohydrate	1 g	<1%
Total Sugars	<1 g	
Protein	24 g	48%
DIGESTIVE ENZYMES		
BioCore® Optimum		
	tive enzyme formula contain	•
0 ,	s necessary to ensure the pr	
	he pH range in the digestive	tract to
support optimal energy		
Protease I	21000 HUT	*
Protease II	2 AP	*
Protease III	50 SAPU	*
Amylase	3500 DU	*
Glucoamylase	5 AGU	*
Protease	5 SAPU	*
Invertase	400 SU	*
Diastase	1500 DP	*
Lipase	500 FIP	*
Prohvdrolase®	87,500 HUT	*
	ase, and Exopeptidase Protei	n Digestive
	n to Optimize delivery of am	
	pplements and Reduce Intes	
	used by Undigested Protein.	

	A	mount Per Serving	% DV*		
WHEY PROTEIN	ISOLATE	24 g	*		
State-of-the-Art cold cross-flow ultrafiltration processes					
producing high-quality undenatured protein derived from certified					
Grass-fed cows on Wisconsin family farms.					
Branched Chain Amino Acids					
(BCAA's)		6120 mg	*		
ENERGY AND STENGTH SUPPORT					
Creatine Mag	naPower®	1000 mg	*		
AMINO ACID PROFILE					
	mg/serving		mg/serving		
Alanine	1180 mg	Arginine	650 mg		
Aspartic Acid	2490 mg	Cysteine	500 mg		
Glutamine	4220 mg	Glycine	435 mg		
Histidine	420 mg	Isoleucine	1360 mg		
Leucine	2560 mg	Lysine	2250 mg		
Methionine	540 mg	Phenylalanine	740 mg		
Proline	1370 mg	Serine	1200 mg		
Taurine	500 mg	Threonine	1650 mg		
Tryptophan	395 mg	Tyrosine	690 mg		
Valine	1385 mg	Creatine	450 mg		
OTHER INGREDIENTS: Non-GMO Sunflower Lecithin Phospholipids, Natural Cocoa or Vanilla Flavoring and Stevia for sweetening					
*Recommended Dietary Values not established *Based on a 2,000 calorie/day diet					

If you want quickdigesting, clean protein, you need Grass-Fed Whey Isolate!

Check with your healthcare practitioner or supplement provider to purchase.

\*These statements have not been approved by the Food and Drug Administration. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.

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